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### **FOR IMMEDIATE RELEASE**

### **NEW FDA APPROVED TREATMENT AIMED AT HELPING THOSE WITH KNEE PAIN**

**Weston Medical Health Center**, the only accredited OsteoArthritis Center in the Ft. Lauderdale area.

WESTON, FL (APRIL 28, 2010) —Weston Medical Health Center is offering new FDA approved treatment aimed at helping patients with knee pain. Since January 2010 Weston Medical Health Center has helped over 45 patients avoid knee surgery with this new FDA approved osteoarthritis knee treatment program. This new treatment combines high tech imaging along with a natural substance derived from the comb of a rooster Hyaluronic Acid (Hyalgan) to replenish joint fluid. The future of non-surgical knee treatment is found only at Weston Medical Center.

OsteoArthritis, also known as degenerative joint disease, is the most common type of arthritis. In osteoarthritis, the surface layer of cartilage breaks down and wears away. This allows the bones under the cartilage to rub together resulting in pain, swelling, and loss of motion of the joint. Although in some people it progresses quickly, in most individuals joint damage develops gradually over years.

Hyaluronic Acid (Hyalgan) is similar to substances that occur naturally in your joint. The outside of the joint (joint capsule) is comprised of a sturdy fibrous tissue. The lining of the joint capsule contains synovial cells which secrete a thick, viscous synovial fluid. Hyaluronic acid contributes to the viscous nature of the joint fluid, nourishes the cartilage, helps eliminate waste products, lubricates the joint and acts as a shock absorber inside the joint. Hyaluronic acid is reduced or lost with those who suffer from osteoarthritis.

The cause of osteoarthritis is unknown. Factors that might cause it include the following:

- Being overweight
- Getting Older (wear and tear)
- Joint Injury

- Joints that are not properly formed (alignment/imbalance problems)
- A genetic defect in the joint cartilage
- Stresses on the joints from certain activities including sports, work and leisure activities

“I have been very fortunate to be able to help and change people’s lives. It gives me great pleasure to see someone in pain find relief and joy in their lives again.” Comments from Dr. Dennis Spoonhour, Medical Director at Weston Medical Health Center

**Covered by most insurance companies including Medicare**

Treatment is Safe, Easy and requires NO surgery

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**About Weston Medical Health Center**

We have been serving the community of Weston and the Fort Lauderdale area for the past 7 years. We are a Multidisciplinary Medical Center that focuses on Pain Management Services. With both medical and chiropractic physicians all under one roof we provide gentle chiropractic care, massage therapy services, physical therapy services, nutritional consultation and much more to patients of all ages.

Dr. Spoonhour and his staff are focused on providing solutions. Along with state-of-the-art medical technology and a caring staff they offer the best of medical health care available.

<http://westonmedicalhealth.com>